

# Express Creativity

WITH

**LYONS**<sup>®</sup>

## Designer Dessert SAUCE<sup>™</sup>



Finger Painting is a Fantastic Recreational Activity for Alzheimer's Patients



Encourages Use of Motor Skills and Sensory Stimulation



Safe For Residents to Put Fingers in Their Mouths



Flavorful Sauces Made With Real Fruit Puree



Brightly Colored "Finger Foods"

# HERE ARE SOME SUGGESTIONS ON HOW TO PLAN YOUR ACTIVITIES!

Each day a new activity includes the Lyons Designer Dessert Sauces.

A roll of butcher paper can be purchased inexpensively at your local restaurant supply store. Roll the paper to cover the table, and use masking tape to secure the ends underneath. This protects the table and may provide comfort to the residents in case they spill or smear the sauces.

## USE THE FOLLOWING IDEAS TO DESIGN YOUR ACTIVITIES CALENDAR!



**FINGERS** are encouraged as the instrument of painting. Some residents may feel uneasy so alternative methods may be used.



**SPONGES** may be used to dab sauces to make designs so as not to get fingers “dirty”. Sponges are available at the local craft store or in the toy section of most discount stores.



**PAINT BRUSHES** may be used to create their own design or pictures. Use to outline pictures of dessert items or fun shapes.



**STENCILS** are a clever way to increase the number of activities. These can be purchased at the local craft store or quilting/fabric store. Plastic stencils wash easily for unlimited use.



**PICTURES** can be photocopied to use the same way you would use coloring books and crayons. Look for shapes, cakes, doughnuts, birthday presents, and other fun items.

Sauces do not dry like finger paints. Designs may be worked and reworked over the duration of the activity. Sauces clean up easily and are safe to eat. These activities combine creative art with sensory stimulation (sight, touch, taste, and smell).

**Many happy customers have shared success stories about using Designer Dessert Sauces as the focus for activities with their Alzheimer’s residents. Try it at your community today!**



ALWAYS IN GREAT TASTE.

**LYONS**

For menu ideas, recipes and more follow us on



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