

LYONS
ReadyCare[™]

Dysphagia

Puree Mixes



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Make your puree meals nutritious and eye appealing with Lyons ReadyCare™ Puree Mixes. ReadyCare™ Puree Mixes make it easy to serve puree meals that have the same consistency every time. Appropriate for individuals with dysphagia, Puree Food Enhancer mixes easily with puree foods to provide a soft quiche like texture once cooked. The formed puree meat or vegetable can be easily sliced, scooped or molded for a variety of plate presentations. ReadyCare™ Puree Pasta, Rice and Bread Mix add a flavorful and easy to prepare starch component to any meal. Just mix with water to create dimension with any dish. Add our easy to prepare puree mixes to your menu for appetite pleasing meals.



LEVEL 4 PUREED as prepared

Easy to Prepare

- Prepare puree bread, rice, and pasta instantly
- Puree Food Enhancer requires minimal preparation time - just mix with puree foods and bake

Safe & Consistent

- Provides proper food consistency for a safe swallow
- Appropriate for soft, puree or mechanically altered diets

Versatile & Convenient

- Allows for a variety of plate presentations - scoop, pipe, or shape
- Improves eye appeal and enhances food flavor
- Flexible pouches are easy to open, resealable, and space saving

PACKAGING SPECIFICATIONS

Case Pack	Case Dimensions	Case Cube	Cases Per Pallet
Pouches	16.9" x 8.8" x 5.6"	0.48	120
Box	9.375" x 9.375" x 6.128	0.31	160

NUTRITION AT A GLANCE - Per Serving Size

Item	Product Description	Case Pack	Case Wt.	Yield / Serv. Size	Calories	Protein (g)	Total Carb (g)	Total Fat (g)	Sodium (mg)
5803	Puree Food Enhancer	2/4 lb pouches	9 lb	516 / 1 Tbsp	30	1	4	0.5	25
5804	Puree Pasta Mix	2/4.5 lb pouches	10 lb	204 / 1/2 C*	70	2	15	0	170
5805	Puree Rice Mix	2/4.5 lb pouches	10 lb	200 / 1/2 C*	70	1	17	0	180
5807	Puree Bread Mix	2/4.5 lb pouches	10 lb	204 / 2-1/2 Tbsp	70	3	14	0	140
4885	Puree Bread Mix	1/9 lb box	9.7 lb	204 / 2-1/2 Tbsp	70	3	15	0	140

*as prepared

