

INSTANT FOOD THICKENER

Pureed Carrots

SERVINGS:	2	5	10	20
Carrots - seasoned, cooked, & drained	2½ cups	1¼ qts	1 qt + 3½ cups	2½ qts
ReadyCare Instant Food Thickener	2½ tbsp	⅓ cup	½ cup	½ cup + 2 tbsp
Margarine	1 tbsp	2 tbsp	3 tbsp	¼ cup

• Measure amount of drained portions required from the regular prepared recipe. Place in food processor and process until fine in consistency. Add ReadyCare Instant Food Thickener and margarine; process until smooth. Scrape down sides of processor with a rubber spatula and process for 30 seconds. Heat to serving temperature. Serve using a #12 scoop.

