

INSTANT FOOD THICKENER

Pureed Ground Beef

SERVINGS:	2	5	10	20
Ground Beef - Cooked & Seasoned	10 oz	1¼ lbs	1 lb + 14 oz	2½ lbs
Beef Broth - Low Sodium, Hot*	⅔ cup	1¼ cups	2 cups	2½ cups
ReadyCare Instant Food Thickener	1½ tbsp	2 tbsp + 2 tsp	¼ cup	5 tbsp

• *Measure portions required from the regular prepared recipe. (Weigh meat only, do not include cooking juices or gravy.) Place in food processor and process until fine in consistency. Combine hot broth and ReadyCare Instant Food Thickener to make a slurry and gradually add to meat while processing. All liquid may not be required. Scrape down sides of processor with a rubber spatula and process for 30 seconds. Heat to serving temperature. Serve a scant #10 scoop**. Optional garnish: 1 ounce beef gravy or BBQ sauce.*

*Volume of liquid required may vary slightly depending on texture of meat.

**Scant scoop volumes range from 0-.5 fl. oz. less than full scoop measure.

